



**MONDAY**  
**BREAKFAST**

Ham & Cheese Scramble

Tofu Skillet

Hot Cereal

Scrambled Eggs, Bacon, Sausage, Potatoes

Bagels, Donuts, Muffins

Assorted Bread, Assorted Yogurt, Cottage Cheese

Fresh and Canned Fruit

**LUNCH**

Philly Steak Sandwich

Tender Shaved Beef with Sauteed Pepper and Onions

Vegetarian "Beef" Strips

Seasonal Vegetables

Garlic Fries

Coleslaw, Pasta Salad

**DINNER**

Meat Lasagna

Veggie Lasagna

Pasta

Meat Sauce or Marinara Sauce

Vegan Corn and Beans

Seasonal Vegetables

Garlic Bread

Lemon & Pecan Bars





***TUESDAY***  
**BREAKFAST**



Spanish Scramble with Chorizo  
Tofu Fiesta  
Tortillas, Salsa and Sour Cream  
Scrambled Eggs, Bacon, Sausage, Potatoes  
Bagels, Donuts, Muffins, Assorted Bread  
Assorted Yogurt, Cottage Cheese  
Fresh and Canned Fruit

**LUNCH**

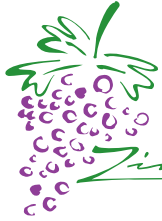
Sweet & Sour Pork  
Jasmine Rice  
Szechwan Tofu  
Vegetable Fried Rice  
Oriental Vegetables  
Asian Noodle Salad  
Fortune Cookies

**DINNER**

Corned Beef and Cabbage  
Steamed Red Potatoes  
Vegan Shepards Pie  
Seasonal Vegetables  
Tofu Stir Fry  
Jasmine Rice  
Dinner Rolls

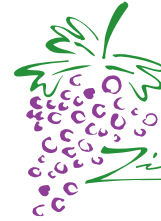
Assorted Pies





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# **WEDNESDAY**



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## **BREAKFAST**

Apple Pancakes

Chicken Apples Sausage

Scrambled Eggs, Bacon, Sausage, Potatoes

Bagels, Donuts, Muffins, Assorted Bread

Assorted Yogurt, Cottage Cheese

Fresh and Canned Fruit

## **LUNCH**

Grilled Steaks

Garden Burgers

Seasonal Vegetables

Criss Cut Fries

Potato Salad

Pasta Salad

Vegan Rice Salad

## **DINNER**

Taco Bar

Chips/Corn Shells

Chicken Strips

Seasoned Beef

Veggie Taco Filling

Refried Beans, Spanish Rice

Seasonal Vegetables

Chocolate Cake



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***THURSDAY***  
**BREAKFAST**

Spinach & Mushroom Frittata

Ham Steak

Hot Cereal

Scrambled Eggs, Bacon, Sausage, Potatoes

Bagels, Donuts, Muffins, Assorted Bread

Assorted Yogurt, Cottage Cheese

Fresh and Canned Fruit

**LUNCH**

BLT

Garlic Hummus

Vegetarian Deli Slices

Vegan Eggless Egg Salad

Macroni Salad

Seasonal Vegetables

**DINNER**

Fried Chicken

Vegan Nuggets

Herb Roasted Red Potato

Seasonal Vegetables

Potato Salad

Cornbread

Strawberry Shortcake





***FRIDAY***  
**BREAKFAST**

Corn Beef Hash  
Vegan Sausage  
Scrambled Eggs, Bacon, Sausage, Potatoes  
Bagels, Donuts, Muffins, Assorted Bread  
Assorted Yogurt, Cottage Cheese  
Fresh and Canned Fruit

**LUNCH**

Chicken Patties  
Veggie “Chick’n” Patties  
Baked Beans  
Seasoned Potato Wedges

**DINNER**

Tortilla Crusted Tilapia  
Rice Pilaf  
Vegan Southwest Three Bean Chili  
Seasonal Vegetables  
Vegan Taquitos

Lemon Pies





***SATURDAY***  
**BRUNCH**

Scrambled Eggs  
Fresh and Canned Fruit  
Cottage Cheese  
Hot Spiced Fruit  
2 Styles Breakfast Potatoes  
Assorted Breakfast Meats  
Bagels, Donuts & Muffins  
Assorted Breads  
Deli Bar Featuring:  
3 Selections of Deli Meats  
Assorted Sliced Cheeses  
Potato and Pasta Salads  
Pickles and Olives  
Fruited Jell-O

**DINNER**

Cross Rib Roast  
Polenta with Tomato and Mushroom Sauce  
Mashed Potatoes  
Mushroom Gravy  
Seasonal Vegetables  
Dinner Rolls

Brownies





***SUNDAY***  
**BRUNCH**

Scrambled Eggs  
Fresh and Canned Fruit  
Cottage Cheese  
Hot Spiced Fruit  
2 Styles Breakfast Potatoes  
Assorted Breakfast Meats  
Bagels, Donuts & Muffins  
Assorted Breads  
Deli Bar Featuring:  
3 Selections of Deli Meats  
Assorted Sliced Cheeses  
Potato and Pasta Salads  
Pickles and Olives  
Fruited Jell-O

**DINNER**

Baked Ham  
Scalloped Potatoes  
Seasonal Vegetables  
Tortellini with Pesto Sauce  
Baked Yams  
Fruit  
Potato Rolls

Lemon Cake with Orange Segments

